

HALEY KRANSTUBER HORSTMAN

220 Switzler Hall
Department of Communication
University of Missouri
Columbia, MO 65211
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EDUCATION

- Ph.D. **University of Nebraska-Lincoln** (2012)
Department of Communication Studies
Interpersonal and Family Communication
Advisor: Dr. Jody Koenig Kellas
- M.A. **Miami University** (2008)
Department of Communication
Speech Communication
Advisor: Dr. Ann Bainbridge Frymier
- B.A. **Miami University** (2006)
Department of Communication
Strategic Communication
Miami University Dolibois European Center, Differdange, Luxembourg
Degree awarded Cum Laude

PROFESSIONAL EMPLOYMENT

University of Missouri

Fulbright U.S. Scholar (2021-2022), Polish Institute of Advanced Studies, Warsaw, Poland
Associate Professor (2019-present), Department of Communication
Director of International Programs (2020-present), Department of Communication
Affiliate Faculty (2018-present), Department of Public Health
Assistant Professor (2013-2019), Department of Communication

University of Nebraska-Lincoln

Lecturer (2012-2013), Department of Communication Studies
Graduate Teaching Assistant (2008-2012), Department of Communication Studies

Miami University

Graduate Teaching Assistant (2006-2008), Department of Communication

RESEARCH

* Graduate student author; ** Undergraduate student author

JOURNAL ARTICLES (35)

Helder, E.J., **Horstman**, H. K., Hennes, J., *Lyssy, K., **Vallance, C., **Warners, A. L., & **Bailey, F. X. (2024). Religious meaning-making in adoption: Perspectives of adult adoptees. *Journal of Social and Personal Relationships*. Advance online publication. <https://doi.org/10.1177/02654075241276696>

Horstman, H. K., Bohanek, J., *Łapińska, E., *Watson, O., Cierpka, A., & Małek, K. (2024). "Living the stories of your great-grandmother:" Making sense of Russia's war in Ukraine through Polish intergenerational family storytelling. *Communication Monographs*. Advance online publication. <https://doi.org/10.1080/03637751.2024.2349570>

Horstman, H. K., & *Leverenz, A. (2024). "It's like rowing upstream in the dark:" Using metaphors from pandemic pregnancy to inform messaging for future public health crises. *Communication Reports*, 37(2), 96-108. <https://doi.org/10.1080/08934215.2024.2303649>

Horstman, H. K., Pedro, A., *Goldschmidt, T., *Watson, O., & Butauski, M. (2023). Exploring resilience and communicated narrative sense-making in South Africans' stories of apartheid. *International Journal of Communication*, 17(23), 3207-3325. <https://ijoc.org/index.php/ijoc/article/view/19464/4166>

Horstman, H. K., *Leverenz, A., *Morrison, S., *Jordan, E., *Baltazar, A., *Cen, X., *Charvat, E., *Okafor, B., & Butauski, M. (2023). Pregnancy during the COVID-19 pandemic: Communicated narrative sense-making and resilience. *Health Communication*. <https://doi.org/10.1080/10410236.2022.2163103>

Horstman, H. K., *Morrison, S. M., McBride, C., & Holman, A. (2023). Memorable messages embedded in men's stories of miscarriage: Extending communicated narrative sense-making and memorable message theorizing. *Health Communication*, 38(4), 742-752. <https://doi.org/10.1080/10410236.2021.1973718>

Colaner, C. W., *Bish, A., *Butauski, M., *Hays, A., & **Horstman**, H.K., *Nelson, L. R. (2022). Communication privacy management in open adoption relationships: Negotiating co-ownership across in-person and mediated communication. *Communication Research*, 49(6), 816-837. <https://doi.org/10.1177/0093650221998474>

*Charvat, E., **Horstman**, H. K., *Jordan, E., *Leverenz, A., & *Okafor, B. (2021). Navigating pregnancy during a pandemic: The role of social support in communicated narrative sense-making. *Journal of Family Communication*, 21(3), 167-185. <https://doi.org/10.1080/15267431.2021.1932503>

Horstman, H.K., Holman, A., & *Johnsen, L. (2021). Men coping with miscarriage: How spousal emotional support contributes to the relationship between parenting identity and well-being about pregnancy loss. *Southern Communication Journal*, 86(3), 256-276. <https://doi.org/10.1080/1041794X.2021.1919918>

Koenig Kellas, J., *Baker, J., *Cardwell, M. E., *Minniear, M.C., & **Horstman**, H. K. (2021). Communicated perspective-taking (CPT) and storylistening: Testing the impact of CPT in the

context of friends telling stories of difficulty. *Journal of Social and Personal Relationships*, 38(1), 19-41. <https://doi.org/10.1177/0265407520955239>

Butauski, M., & **Horstman**, H. K. (2020). Parents' retrospective storytelling of their child's coming out: Investigating contributions of communicated perspective-taking in relation to well-being. *Journal of Family Communication*, 20(4), 345-359. <https://doi.org/10.1080/15267431.2020.1794872>

Warner, B., **Horstman**, H. K., & Kearney, C. (2020). Reducing political polarization through narrative writing. *Journal of Applied Communication Research*, 48(4), 459-477. <https://doi.org/10.1080/00909882.2020.1789195>

Trask, S. J., **Horstman**, H. K., & Hesse, C. (2020). Deceptive affection across relational contexts: A group comparison of romantic relationships, cross-sex friendships, and friends with benefits relationships. *Communication Research*. 47(4), 623-643. <https://doi.org/10.1177/0093650219841736>

Horstman, H. K., Holman, A., & McBride, C. (2019). Expanding the communicated sense-making model: Men's use of metaphors to make sense of their spouse's miscarriage. *Health Communication*, 35, 538-547. <https://doi.org/10.1080/10410236.2019.1570430>

Shaffer, V.A., Bohanek, J., Focella, E.S., **Horstman**, H. & Saffran, L. (2019). Encouraging perspective-taking: Using narrative writing to induce empathy for others engaging in negative health behaviors. *PLOS ONE*, 14, e0224046. <https://doi.org/10.1371/journal.pone.0224046>

Holman, A., & **Horstman**, H. K. (2019). Similarities and dissimilarities in spouses' narratives of miscarriage: A dyadic analysis of communicated narrative sense-making and well-being. *Journal of Family Communication*, 19(4), 293-310. <https://doi.org/10.1080/15267431.2019.1628763> [lead article]

Horstman, H. K. (2019). Young adult women's narrative resilience in relation to mother-daughter communicated narrative sense-making and well-being. *Journal of Social and Personal Relationships*, 36, 1146-1167. <https://doi.org/10.1177/0265407518756543>

Horstman, H. K., Schrodtt, P., Warner, B., Koerner, A., *Maliski, R., *Hays, A., & Colaner, C. W. (2018). Expanding the conceptual and empirical boundaries of family communication patterns: The development and validation of an expanded conformity orientation scale. *Communication Monographs*, 65, 157-180. <https://doi.org/10.1080/03637751.2018.1428354>

Horstman, H.K., Colaner, C.W., *Nelson, L.R., *Bish, A., & *Hays, A. (2018). Communicatively constructing the birth parent relationship in open adoptive families: Naming, connecting, and relational functioning. *Journal of Family Communication*, 18, 183-152. <https://doi.org/10.1080/15267431.2018.1429444>

Colaner, C. W., **Horstman**, H.K., & Rittenour, C. R. (2018). Negotiating adoptive and birth shared family identity: A social identity complexity approach. *Western Journal of Communication*, 82, 393-415. <https://doi.org/10.1080/10570314.2017.1384564>

Horstman, H.K., & Holman, A. (2017). Communicated sense-making after miscarriage: A dyadic analysis of husband and wife communicated perspective-taking, affect, and parenting role salience. *Health Communication, 33* (10), 1317-1326. <https://doi.org/10.1080/10410236.2017.1351852>

Horstman, H.K., *Butauski, M., *Johnsen, L., & Colaner, C. W. (2017). The communication privacy management of adopted individuals in their social networks: Disclosure decisions in light of the discourse of biological normativity. *Communication Studies, 68*, 293-313. <https://doi.org/10.1080/10510974.2017.1324890>

**Recognized by the IUPUI Communication Privacy Management Center as the CPM Publication Spotlight for October, 2017.*

Koenig Kellas, J., Carr, K, **Horstman, H.K., & DiLillo, D.** (2017). Communicated perspective-taking in marriage: Developing the CPT Observational Rating Scheme and testing actor and partner effects on marital satisfaction and mental health. *Personal Relationships, 78*, 326-351. <https://doi.org/10.1111/pere.12177>

**Nelson, L., & Horstman, H.K.* (2017). Communicated meaning-making in foster families: Relationships between foster parents' entrance narratives and foster child well-being. *Communication Quarterly, 65*, 144-166. <https://doi.org/10.1080/01463373.2016.1215337>

Horstman, H. K., Anderson, J., & Kuehl, R. A. (2017). Making sense of the role of a doula in childbirth: Implications for the U.S. master birth narrative. *Health Communication, 32*, 1510-1519. <https://doi.org/10.1080/10410236.2016.1234537>

Thorson, A. R., & **Horstman, H.K.** (2016). Unpacking the consumer socialization model: Emerging adults, family communication patterns, and financial socialization. *Western Journal of Communication, 81*, 483-506. <https://doi.org/10.1080/10570314.2016.1263361>

Horstman, H.K., Colaner, C.W., & Rittenour, C. (2016). Contributing factors of adult adoptees' identity work and self-esteem: Family communication patterns and adoption-specific communication. *Journal of Family Communication, 16*, 263-276. <https://doi.org/10.1080/15267431.2016.1181069>

**Hays, A., Horstman, H.K., Colaner, C. W., & *Nelson, L.R.* (2016). "She chose us to be your parents": Exploring the content and process of adoption entrance narratives told in families formed through open adoption. *Journal of Social and Personal Relationships, 33*, 917-937. <https://doi.org/10.1177/0265407515611494>

Horstman, H.K., *Maliski, R., *Hays, A., *Cox, J., *Enderle, A., & *Nelson, L.R. (2016). Unfolding narrative meaning over time: The cognitive and communicative components of narrative sense-making and well-being in mother-daughter conversations of difficulty. *Communication Monographs, 83*, 326-348. <https://doi.org/10.1080/03637751.2015.1068945>

Koenig Kellas, J., **Kranstuber Horstman, H., Willer, E., & Carr, K.** (2015). The benefits and risks of telling and listening to stories of difficulty over time: Experimentally testing the expressive writing paradigm in the context of interpersonal communication between friends. *Health Communication, 30*, 843-858. <https://doi.org/10.1080/10410236.2013.850017>

Thorson, A.R., & **Horstman**, H. K. (2014). Buy now, pay later: Family communication patterns theory, parental financial support, and emerging adults' openness about credit card behaviors. *Journal of Family Communication*, 14, 53-71. <https://doi.org/10.1080/15267431.2013.857324>

Ndiaye, K., Silk, K., Anderson, J., **Kranstuber Horstman**, H., Carpenter, A., Hurley, A. L., & Proulx, J. (2013). Using an ecological framework to understand parent-child communication about nutritional decision-making and behavior. *Journal of Applied Communication Research*, 41, 253-274. <https://doi.org/10.1080/00909882.2013.792434>

Kranstuber, H., Carr, K., & Hosek, A. (2012). "If you can dream it, you can achieve it." Parent memorable messages as indicators of college student success. *Communication Education*, 61, 44-66. <https://doi.org/10.1080/03634523.2011.620617>

Kranstuber, H. & Koenig Kellas, J. (2011). Instead of growing under her heart I grew in it: The relationship between adoption entrance narratives and adoptees' self-concept. *Communication Quarterly*, 59, 179-199. <https://doi.org/10.1080/01463373.2011.563440>

Colaner, C.W., & **Kranstuber**, H. (2010). "Forever kind of wondering": Communicatively managing uncertainty in adoptive families. *Journal of Family Communication*, 10, 236-255. <https://doi.org/10.1080/15267431003682435>

BOOK CHAPTERS (14)

Horstman, H. K., *Jordan, E., & *Yue, J. (2023). Memorable messages in families. In J. Nussbaum (Ed.), *Oxford Research Encyclopedia of Communication*. Oxford University Press. <http://doi.org/10.1093/acrefore/9780190228613.013.1444>

*Hand, L., & **Horstman**, H. K. (2023). Infertility and miscarriage. In E. Y. Ho, C. L. Bylund, J. C. M. van Weert, I. Basnyat, N. Bol, & M. Dean (Eds.) *The international encyclopedia of health communication*. Wiley. <https://doi.org/10.1002/9781119678816.iehc0998>

Horstman, H. K., & Colaner, C. W. (2022). Adoptive family communication. In K. Adamsons, A. L. Few-Demo, C. Proulx, & K. Roy (Eds.) *Sourcebook of family theories and methodologies*. Springer International Publishing. <https://doi.org/10.1007/978-3-030-92002-9>

Colaner, C. W. & **Horstman**, H. K. (2021). Adoptive families. In A. Vangelisti's (Ed.) *Routledge handbook of family communication* (3rd ed.). Routledge.

Horstman, H. K., & *Morrison, S. (2021). Interpersonal communication surrounding infertility and miscarriage: Considerations under the gaze of the master narrative of motherhood. In A. Cooke-Jackson & V. Rubinsky's (Eds.) *Communicating intimate health*. Lexington Press.

Holman, A., McBride, C., & **Horstman**, H. K. (2019). Men's experiences with miscarriage. In E. L. Kirby & C. McBride's (Eds.) *Gender actualized: Case studies in gender communication*. Kendall Hunt Publishing.

*Morrison, S., & **Horstman**, H. K. (2019). Confronting the master narrative of starting a family: Infertility, miscarriage, and mother-daughter social support. In S. S. LeBlanc's (Ed.) *Casing the family: Theoretical and applied approaches to understanding family communication*. Kendall Hunt Publishing.

Colaner, C. W., **Horstman**, H. K., & *Butauski, M. (2019). Sustaining and draining? Adoptive mothers' enactment of rituals in open adoption relationships. In A.M. Alford & M. Miller-Day (Eds.) *Constructing motherhood and daughterhood across the lifespan* (pp. 111-127). Peter Lang Publishing.

Horstman, H. K., *Hays, A., & *Maliski, R. (2016). Parent-child interaction. In J. Nussbaum (Ed.), *Oxford research encyclopedia of communication*. University Press.
<https://doi.org/10.1093/acrefore/9780190228613.013.278>

Koenig Kellas, J., & **Kranstuber Horstman**, H. (2015). Communicated narrative sense-making: Understanding family narratives, storytelling, and the construction of meaning through a communicative lens. In L. H. Turner & R. West (Eds.), *The Sage handbook of family communication* (2nd ed.). Sage Publications.

Braithwaite, D. O., Bach, B. W., Wilder, S. E., **Kranstuber Horstman**, H., & Sato Mumm, S. (2014). Talking family: The discourses of voluntary kin. In D. O. Braithwaite & J. Wood (Eds.), *Casing interpersonal communication: Case studies in personal and social relationships* (2nd ed.). Kendall Hunt Publishing.

Kranstuber Horstman, H. (2012). "Love stories aren't always like the movies": The positive and negative relational implications of inherited parental courtship stories. In J. Koenig Kellas (Ed.), *Family storytelling: Negotiating identity, teaching lessons and making meaning*. Routledge.

Koenig Kellas, J., Willer, E., & **Kranstuber**, H. (2010). Fairytales and tragedies: Narratively making sense of the dark side (and the dark side of making sense) of personal relationships. In W. Cupach and B. Spitzberg (Eds.), *The dark side of close relationships II*, Routledge.

Braithwaite, D. O., Bach, B. W., Dirks, S. E., **Kranstuber**, H., & Sato Mumm, S. (2010). Families of the heart: Voluntary kin. In D. O. Braithwaite & J. Wood (Eds.), *Casing interpersonal communication: Case studies in personal and social relationships*. Kendall Hunt Publishing.

UNDER REVIEW

Elkhalid, A., **Horstman**, H. K., Afifi, T., & Afifi, W. (Revise & resubmit). "Baba, you're not gonna live forever.... we need these stories": Intergenerational storytelling in Palestinian families connecting history, identity, and (the loss of) place.

Horstman, H. K., Bohanek, J., Elkhalid, A., Cierpka, A., Małek, K., & *Łapińska, E. (Revise & resubmit). Polish intergenerational family war stories: Perpetuating and healing historical trauma.

Leverenz, A., **Horstman**, H. K., Bohanek, J., & Lukowski, A. (Revise & resubmit). Communicated resilience enacted in mothers' stories of their baby's birth and diagnosis of Down Syndrome.

Brann, M., Leverenz, A., Bute, J., Holman, A., & **Horstman**, H. K. (Revise & resubmit). Using narrative to empower, educate, and make sense of reproductive loss. *L. Blount Carper's (Ed.) Innovative Approaches to the Use of Narrative in Health Communication Research*, Vernon Press.

IN PROGRESS

Sharabi, L., Dorrance Hall, E., & **Horstman**, H. K. (In progress). The story of us: How online daters narrate the story of their courtship. [*Preparing manuscript*]

Horstman, H. K., *Watson, O., Breshears, D., & Pedro, A. (In progress). Parent-child intergenerational storytelling about historical trauma: Communicated narrative sense-making about apartheid in South Africa. [*Preparing manuscript*]

Horstman, H. K., Basinger, E., & *Yue, J. (In progress). The role of communal coping and communicated perspective-taking on well-being after miscarriage. [*Preparing manuscript*]

Kilgore, L.M., **Horstman, H. K., & Colaner, C.** (In progress). "I'm still breathing; I'm still alive:" Former foster youths' narratives of trauma and resilience. [*Preparing manuscript*]

Horstman, H. K., *Deatherage, S., **Holtz, B., Hudak, N., & Butauski, M. (In progress). Queer miscarriage: Communicated narrative sense-making in light of societal expectations. [*Data analysis*]

Horstman, H.K., *Leverenz, A., & *Watson, O. (In progress). Enacted communicated resilience in romantic relationships following a miscarriage. [*Data analysis*]

Givens, A., & **Horstman, H. K.** (In progress). Improving the mother-child bond: Exploration of a journaling program for incarcerated women. [*Data analysis*]

*Schroeder, M., *Jordan, E., & **Horstman, H. K.** (In progress). Sense-making of binge eating disorder and mother-child relationships. [*Data analysis*]

GRANTS

Federal Grants

National Science Foundation Research Experiences for Undergraduate (REU) Grant. (2023). Senior project personnel – primary/secondary mentor for 8-10-week intensive summer research experience for undergraduate students (Summers 2023-2025). PI: Dr. Nicole Campione-Barr. Funded for \$44,023.

Fulbright U.S. Scholar Award (2021-2022). PI: "Intergenerational Transmission of Narrative Resilience in Polish Families." Senior research fellow at the Polish Institute of Advanced Studies in Warsaw, Poland. Granted for 10 months appointment by the U.S. Embassy, U.S. Department of State, and William Fulbright Foreign Scholarship Board.

National Institutes of Health (2016). Consultant: "Early Risk, Parenting, and Self-Regulation as Predictors of Parent-Child Discourse Styles in Low-Income Families." PI: Dr. Jean Ispa. Funded for \$206,348.

Foundation Grants

Calvin Center for Christian Scholarship Major Grant (2022-2023). Co-I: "Adult Adoptees' Perspectives on Religious Narratives about Adoption in the Church." PI: Dr. Emily Helder. Funded for \$27,063.

Keene University Faculty Incentive Grant (2020). Consultant: "Investigating Communicated Narrative Sense-Making of Queer Miscarriage." PI: Dr. Nicole Hudak. Funded for \$2,975.

Creighton University's George F. Haddix President's Faculty Research Fund (2016). Consultant: "Making Sense of Miscarriage: Men's Thoughts, Perspectives, and Feelings." PI: Dr. Amanda Holman. Funded for \$5,000.

Community Health Endowment of Lincoln SPARK! Grant. (2012-2013). Consultant for assessment and implementation for BodyWorks program with community-based nonprofit organization Teach a Kid to Fish. PI: Dr. Karla Lester. Funded for \$15,000.

Internal Grants

University of Missouri Faculty International Travel Grant (2023). Funded to travel to Gold Coast, Australia to present at the annual conference of the International Communication Association. Funded for \$1,300.

University of Missouri Richard Wallace Faculty Incentive Grant (2021). Co-I: "Improving the Mother-Child Bond: Exploration of a Journaling Program for Incarcerated Women." Co-I: Dr. Ashley Givens. Funded for \$3,897.

Tri-Continental (3C) Partnership Grant (2020). PI: "Creating and Implementing an International Qualitative Methods Course" with partners at Ghent University, Belgium and University of Western Cape, South Africa. Funded for \$3,000.

University of Missouri Faculty International Travel Grant (2018). Funded to travel to Prague, Czech Republic to present at the annual conference of the International Communication Association. Funded for \$1,800.

University of Missouri South Africa Exchange Program Grant (2017). PI: "Making Sense of Apartheid: Family Storytelling and Child Socialization." Funded to travel to the University of the Western Cape, South Africa to collaborate with researchers and students on community-based interview project. Funded for \$5,500.

University of Missouri Research Council Grant (2017). PI: "Marital Communication about Miscarriage." Funded for \$6,500.

University of Missouri Richard Wallace Faculty Incentive Grant. (2013). PI: "After Miscarriage: Links between Husband and Wife Communication, Parenting Identity, and Coping after Pregnancy Loss." Funded for \$3,750.

HONORS AND AWARDS

Associate Professor of the Year (2023-2024). Awarded by the MU College of Arts & Sciences.

Sandra Petronio Dissertation Excellence Award (Mentor) (2023). Awarded for advisee Dr. Lauren Johnsen's dissertation by National Communication Association Family Communication Division.

Robin G. Walker Award for Mentoring (2023). Awarded by the MU Graduate School & Fellowships Office, nominated by Olivia Watson. This award recognizes a faculty member who supported an MU graduate student's efforts in applying for a globally or nationally competitive award.

Advisor of the Year (2023). Awarded by the MU Association of Communication Graduate Students.

Early Career Award (2019). Awarded by the Interpersonal Communication Division of the National Communication Association.

Professor Recognition (2018). Featured at MU Kappa Alpha Theta's Fall Scholarship Banquet for being an "influential, impactful professor... (with a) genuine commitment to education."

Publication Spotlight (2017). IUPUI Communication Privacy Management Center Honor for month of October for article: Horstman, H.K., Butauski, M., Johnsen, L., & Colaner, C. W. (2017). The communication privacy management of adopted individuals in their social networks: Disclosure decisions in light of the discourse of biological normativity. *Communication Studies*, 68, 293-313.

Advisor of the Year (2017). Awarded by the Association of Communication Graduate Students.

Honorary Coach (2016). MU Women's Basketball Team.

Lambda Pi Eta Honorary Inductee (2014). Voted upon and awarded by the students of the MU's Communication honor society Lambda Pi Eta.

Outstanding Graduate Student Teaching Award (2012). Awarded by the UNL Communication Studies Honors and Awards Committee.

Phyllis Japp Scholar Award (2010). UNL Department of Communication Studies for "showing the greatest promise for significant contributions to the discipline." Awarded 25% additional funding for research and professional travel expenses.

Outstanding Graduate Research Assistant Award Honorable Mention (2011). Awarded by UNL Office of Graduate Studies. Nominated by the Communication Studies Honors and Awards Committee.

Outstanding Graduate Student Research Award (2011). Awarded by the UNL Communication Studies Honors and Awards Committee.

Centennial Fellowship (2008) – Awarded by UNL Communication Studies Graduate Committee for a \$1500 scholarship.

Professors' Recognition Dinners – Honored by students for being "among University of Nebraska-Lincoln's finest educators." Alpha Xi Delta (2010), Student-Athletes (2009), Chi Omega (2008).

TOP PAPER AWARDS (16)

Top Four Paper (2023, November). Presented in the Family Communication Division at the annual convention of the National Communication Association, National Harbor, MD. *Leverenz, A., Horstman, H. K., Bohanek, J., & Lukowski, A. (2023). *Communicated resilience in mothers' stories of their baby's birth and diagnosis of Down Syndrome*.

Top Paper (2020, November). Presented in the Family Communication Division at the annual convention of the National Communication Association, Indianapolis, IN. *Kilgore, L.M., Horstman, H. K., & Colaner, C. "I'm still breathing; I'm still alive:" *Former foster youths' narratives of trauma and resilience*.

Top Four Paper (2018, November). Presented in the Family Communication Division at the annual convention of the National Communication Association, Salt Lake City, UT. Horstman, H. K., Holman, A., & McBride, M. C. *Expanding the communicated sense-making model: Men's use of metaphors to make sense of their spouse's miscarriage.*

Top Paper (2018, November). Presented in the Family Communication Division at the annual convention of the National Communication Association, Salt Lake City, UT. *Butauski, M., & Horstman, H. K. *Parents' communicated narrative sense-making about their child's coming out: Investigating contributions of communicated perspective-taking and relational satisfaction.*

Top Paper (2018, May). Presented in the Interpersonal Communication Division at the annual convention of the International Communication Association, Prague, CZ. Horstman, H. K., Holman, A., High, A., & Luckasen, C. *Discrepancies between husbands' and wives' emotional support provision following a miscarriage: Implications for relational satisfaction and mental health.*

Top Four Paper (2017, November). Presented in the Family Communication Division at the annual convention of the National Communication Association, Dallas, TX. Colaner, C. W., Bish, A., Butauski, M., Hays, A., & Horstman, H.K., & Nelson, L. R. *Communication privacy management in open adoption relationships: Negotiating co-ownership across in-person and mediated communication.*

Top Four Paper (2016, November). Presented in the Interpersonal Communication Division at the annual convention of the National Communication Association, Philadelphia, PA. Trask, S. J., Horstman, H. K., & Hesse, C. *Deceptive affection across relational contexts: A group comparison of romantic relationships, cross-sex friendships, and friends with benefits.*

Top Four Paper (2016, May). Presented in the Interpersonal Communication Division at the annual convention of the International Communication Association, Fukuoka, Japan. Thorson, A.R., & Horstman, H.K. *Family communication patterns and emerging adult consumer outcomes: Revisiting the consumer socialization model.*

Top Four Paper (2014, November). Presented in the Interpersonal Communication Division at the annual convention of the National Communication Association, Chicago, IL. Horstman, H.K., Maliski, R., Cox, J., Enderle, A., Hays, A., & Nelson, L. *The cognitive and communicative components of narrative sense-making and well-being in mother-daughter conversations of difficulty.*

Top Panel (2014, April). Presented in the Interpersonal and Small Group Communication Division at the annual convention of the Central States Communication Association, Minneapolis, MN. *Obstacles and opportunities: Family communication, life-cycle transitions, and turbulence.*

Top Four Paper (2013, November). Presented in the Family Communication Division at the annual convention of the National Communication Association, Washington D.C. Thorson, A.R., & Kranstuber Horstman, H. *Buy now, pay later: Family communication patterns theory, parental financial support, and openness about credit card behaviors.*

Top Four Paper (2011, November). Presented in the Instructional Development Division at the annual convention of the National Communication Association, New Orleans, LA. Kranstuber, H., Carr, K., & Hosek, A. *"If you can dream it, you can achieve it." Parent memorable messages as indicators of college student success.*

Top Panel (2010, November). Presented in the Training and Development Division at the annual convention of the National Communication Association, San Francisco, CA. *Content experts' recommendations for communication training and development: A sourcebook for curriculum developers.*

Top Student Paper (2009, November). Presented in the Family Communication Division at the annual convention of the National Communication Association, Chicago, IL. Colaner, C.W, & Kranstuber, H. *Communicatively managing uncertainty in adoptive families.*

CSCA Convention Top Debut Paper (2009, April). Awarded at the annual convention of the Central States Communication Association, St. Louis, MO. Kranstuber, H. *She called me her adopted angel: Discovering "connections" in adoptive families through a thematic analysis of adoptees' entrance narratives.*

Top Debut Paper (2009, April). Presented in the Interpersonal and Small Group Communication Division at the annual convention of the Central States Communication Association, St. Louis, MO. Kranstuber, H. *She called me her adopted angel: Discovering "connections" in adoptive families through a thematic analysis of adoptees' entrance narratives.*

CONFERENCE PRESENTATIONS

* Indicates graduate student author; ** Indicates undergraduate student author

Horstman, H. K., Bohanek, J., Elkhalid, A., Cierpka, A., Małek, K., & *Łapińska, E. (2024). *Polish intergenerational family war stories: Perpetuating and healing historical trauma.* Presented at the meeting of the National Communication Association, New Orleans, LA.

Horstman, H. K., *Deatherage, S., **Holtz, B., Hudak, N., & Butauski, M. (2024). *Queer miscarriage: Communicated narrative sense-making in light of societal expectations.* Presented at the meeting of the National Communication Association, New Orleans, LA.

Sharabi, L., Dorrance Hall, E., & **Horstman**, H. K. (2024). *The story of us: How online daters narrate the story of their courtship.* Presented at the meeting of the National Communication Association, New Orleans, LA.

Helder, E., **Horstman**, H. K., Henness, J., *Lyssy, K., **Vallance, C., **Warners, A. L., & **Bailey, F. (2024). *Memorable messages regarding adoption and religion: Perspectives of adult adoptees.* Presented at the meeting of the International Conference on Adoption Research, Minneapolis, MN.

Horstman, H. K., Basinger, E., & *Yue, J. (2024). *The role of communal coping and communicated perspective-taking on well-being after miscarriage.* Presented at the meeting of the International Communication Association, Gold Coast, Australia.

*Leverenz, A., **Horstman**, H. K., Bohanek, J., & Lukowski, A. (2023). *Communicated resilience in mothers' stories of their baby's birth and diagnosis of Down Syndrome.* Presented as a **Top Paper** at the meeting of the National Communication Association, National Harbor, MD.

Elkhalid, A., **Horstman**, H. K., Afifi, W., & Afifi, T. (2023). *"Baba, you're not gonna live forever...we need these stories": Intergenerational storytelling in Palestinian families connecting history, identity,*

and (the loss of) place. Presented at the meeting of the National Communication Association, National Harbor, MD.

Horstman, H. K., Jordan, E., & *Yue, J. (2023). *A call to research memorable messages in families: Expanding conceptual, theoretical, and practical avenues*. Presented at the meeting of the National Communication Association, National Harbor, MD.

*Schroeder, M., Jordan, E., & **Horstman**, H. K. (2023). *Retrospective storytelling in parent-child communication about binge eating disorder*. Presented at the meeting of the National Communication Association, National Harbor, MD.

VanderHaagan, S., Hester, S. L., **Horstman**, H. K., Idzik, S. H., Zuinn, S. F., & Scharp, K. M. (2023). *Scholar positionality in family communication research: A case study in adoptee-scholars*. Presented on a discussant panel at the meeting of the National Communication Association, National Harbor, MD.

Howerton, L. D., Betlemidze, M., Hoke, H. G., Irom, B., **Horstman**, H. K., & Walters, H. L. (2023). *"That's what's at stake here: Freedom": The Russian invasion of Ukraine one year later*. Presented on a discussant panel at the meeting of the National Communication Association, National Harbor, MD.

Horstman, H. K. (2023). *"We're living the stories of our great-grandmas:" Invoking Polish intergenerational family stories to make sense of the war in Ukraine*. Presented at the meeting of the International Communication Association, Toronto, Canada.

*Leverenz, A., **Horstman**, H. K., & Holman, A. (2023). *Heterosexual married couples coping with miscarriage: Understanding the roles of social support, relationship satisfaction, sexual satisfaction, positive and negative affect*. Presented at the meeting of the Central States Communication Association, St. Louis, MO.

*Leverenz, A., Bohanek, J., Lukowski, A., & **Horstman**, H. K. (2023). *Birth and diagnosis stories from mothers of children with Down Syndrome: Sense-making and acceptance*. Presented at the meeting of the Central States Communication Association, St. Louis, MO.

Horstman, H. K., & **Bernstein, R. (2022). *Making sense of disruption: Metaphors of women pregnant during the COVID-19 pandemic*. Presented at the interim meeting of the European Sociological Association, Warsaw, Poland.

Perreault, G., Pearce, K., Oeldorf-Hirsch, A., Bowman, N., Chory, R. M., **Horstman**, H.K., et al. (2022). *The Fulbright experience in Communication*. Presented as a Blue Sky Workshop at the annual meeting of the International Communication Association, Paris, France.

Horstman, H.K., *Leverenz, A., & *Watson, O. (2021). *Enacted communicated resilience in romantic relationships following a miscarriage*. Presented at the meeting of the National Communication Association, Seattle, WA.

Horstman, H.K., *Leverenz, A., *Baltazar, A., *Cen, X., *Charvat, E., *Jordan, E., *Morrison, S., *Okafor, B., & Butauski, M. (2021). *Pregnancy during the COVID-19 pandemic: Communicated narrative sense-making and resilience*. Presented at the meeting of the International Communication Association, Denver, CO (via Zoom).

*Kilgore, L.M., **Horstman**, H. K., & Colaner, C. (2020). *"I'm still breathing; I'm still alive:" Former foster youths' narratives of trauma and resilience*. Presented as the **Top Paper** at the meeting of the National Communication Association, Indianapolis, IN (via Zoom).

Horstman, H.K., Pedro, A., *Goldschmidt, T., & Butauski, M. (2020). *Narrative resilience after apartheid in South Africa: Linking the theory of resilience and relational load (TRRL) and communicated narrative sense-making (CNSM) theory in a culturally diverse context*. Presented at the meeting of the National Communication Association, Indianapolis, IN (via Zoom).

Horstman, H. K., *Watson, O., & Pedro, A. (2020). *Making sense of apartheid: Intergenerational family storytelling and child socialization*. Presented at the meeting of the National Council on Family Relations, St. Louis, MO (via Zoom).

Horstman, H. K., *Morrison, S. M., McBride, C., & Holman, A. (2019). *How men integrate others' messages into their miscarriage story: The role communicated narrative sense-making in memorable message theorizing*. Presented at the meeting of the National Communication Association, Baltimore, MD.

Horstman, H. K. (2019). *Communicating for survival: Recent advances and future directions in communication research about intimate health*. Presented on a discussant panel at the meeting of the National Communication Association, Baltimore, MD.

Horstman, H. K. (2019). *The relational and cultural implications of infertility and baby loss: Current issues and new directions for relational communication research*. Presented on a discussant panel at the meeting of the National Communication Association, Baltimore, MD.

Warner, B., **Horstman**, H. K., & Kearney, C. (2019, May). *Testing a narrative writing intervention to reduce affective political polarization*. Presented at the meeting of the International Communication Association, Washington, DC.

Russell, M., & **Horstman, H. K. (2019, April). *Communicated considerations of lesbian partners when deciding to become parents*. Presented at the meeting of the Central States Communication Association, Omaha, NE.

*Maliski, R., & **Horstman**, H. K. (2019, April). *Testing the causal relationship between the enactment of communicated perspective-taking and physiological health as indicated by cardiovascular reactivity*. Presented at the meeting of the Central States Communication Association, Omaha, NE.

Horstman, H. K., Holman, A., & McBride, M. C. (2018, November). *Expanding the communicated sense-making model: Men's use of metaphors to make sense of their spouse's miscarriage*. Presented as a **Top Paper** at the meeting of the National Communication Association, Salt Lake City, UT.

*Butauski, M., & **Horstman**, H. K. (2018, November). *Parents' communicated narrative sense-making about their child's coming out: Investigating contributions of communicated perspective-taking and relational satisfaction*. Presented as the **Top Paper** at the meeting of the National Communication Association, Salt Lake City, UT.

Holman, A., & **Horstman**, H. K. (2018, November). *How marital couples narratively make sense of miscarriage: Associations with perceived stress and relational satisfaction*. Presented at the meeting of the National Communication Association, Salt Lake City, UT.

Koenig Kellas, J., *Baker, J., *Minniear, M.C., *Cardwell, M. E., & **Horstman**, H. K. (2018, November). *Communicated perspective-taking (CPT) and storylistening: Testing the impact of CPT in the context of friends telling stories of difficulty*. Presented at the meeting of the National Communication Association, Salt Lake City, UT.

Horstman, H. K. (2018, November). *Discussing the dark sides and silver linings of family formation*. Presented on a discussant panel at the meeting of the National Communication Association, Salt Lake City, UT.

Horstman, H. K., Holman, A., High, A., & *Luckasen, C. (2018, May). *Discrepancies between husbands' and wives' emotional support provision following a miscarriage: Implications for relational satisfaction and mental health*. Presented as the **Top Paper** at the meeting of the International Communication Association, Prague, CZ.

Colaner, C. W., **Horstman**, H. K., & *Butauski, M. (2018, May). *Sustaining and draining? Adoptive mothers' enactment of rituals in open adoption relationships*. Presented at the meeting of the International Communication Association, Prague, CZ.

Holman, A., **Horstman**, H. K., & *Luckasen, C. (2018, May). *Sexual satisfaction after miscarriage: The effects of spouse's empathy, facework, and relational satisfaction*. Presented at the meeting of the International Communication Association, Prague, CZ.

Horstman, H. K. (2017, November). *Constructing resilience: Young adult women's narrative resilience in relation to mother-daughter communicated sense-making and well-being*. Presented at the meeting of the National Communication Association, Dallas, TX.

Colaner, C. W., *Bish, A., *Butauski, M., *Hays, A., & **Horstman**, H. K., *Nelson, L. R. (2017, November). *Communication privacy management in open adoptive families*. *Presented as a **Top Paper** at the meeting of the National Communication Association, Dallas, TX.

Horstman, H. K., Holman, A., & *Johnsen, L. (2017, November). *Fathering after miscarriage: Men's parenting identity, well-being, and spousal emotional support*. Presented at the meeting of the National Communication Association, Dallas, TX.

Horstman, H. K., Schrodtt, P., Warner, B., Koerner, A., *Maliski, R., *Hays, A., & Colaner, C. W. (2017, November). *Expanding the conceptual and empirical boundaries of family communication patterns: The development and validation of an expanded conformity orientation scale*. Presented at the meeting of the National Communication Association, Dallas, TX.

Holman, A., & **Horstman**, H. K. (2017, October). *"It hit me like a ton of bricks:" How women and men narratively make sense of miscarriage*. Presented at the meeting of the Organization for the Study of Communication, Language, & Gender, Omaha, NE.

Trask, S. J., **Horstman**, H. K., & Hesse, C. (2016, November). *Deceptive affection across relational contexts: A group comparison of romantic relationships, cross-sex friendships, and friends with benefits*. *Presented as a **Top Paper** at the meeting of the National Communication Association, Philadelphia, PA.

Horstman, H. K., Anderson, J., & Kuehl, R. A. (2016, November). *Making sense of the role of a doula in childbirth: Implications for the U.S. master birth narrative*. Presented at the meeting of the National Communication Association, Philadelphia, PA.

Horstman, H. K., Colaner, C. W., *Nelson, L.R., *Bish, A., & *Hays, A. (2016, November). *Naming practices and contact types in open adoptive families: Strategies and outcomes for communicating with birth parents*. Presented at the meeting of the National Communication Association, Philadelphia, PA.

Horstman, H. K., & Holman, A. (2016, November). *Communicated sense-making after miscarriage: A dyadic analysis of the moderating effects of parenting identity on husband and wife communicated perspective-taking and well-being*. Presented at the meeting of the National Communication Association, Philadelphia, PA.

Colaner, C. W., *Nelson, L. R., **Horstman, H. K., & *Hays, A.** (2016, November). *An intergroup perspective on relational maintenance and role negotiation in the adoptive/birth parent relationship*. Presented at the meeting of the National Communication Association, Philadelphia, PA.

Horstman, H. K. (2016, November). *Positionality and paradigms in the adoption triad: Moving forward in communication adoption research*. Presented on a discussant panel at the meeting of the National Communication Association, Philadelphia, PA.

Thorson, A.R., & **Horstman, H.K.** (2016, May). *Family communication patterns and emerging adult consumer outcomes: Revisiting the consumer socialization model*. *Presented as a **Top Paper** at the meeting of the International Communication Association, Fukuoka, Japan.

*Nelson, L., & **Horstman, H. K.** (2016, May). *Communicated meaning-making in foster families: Relationships between foster parents' entrance narratives and foster child well-being*. Presented at the meeting of the International Communication Association, Fukuoka, Japan.

Horstman, H. K. (2015, November). *Mothering in the 21st century: Current issues in mother-daughter relationships*. Presented on a discussant panel at the meeting of the National Communication Association, Las Vegas, NV.

Colaner, C., **Horstman, H. K., & Rittenour, C.** (2015, November). *Negotiating shared family identity with adoptive and birth family members: A social identity complexity and communication approach*. Presented at the meeting of the National Communication Association, Las Vegas, NV.

*Nelson, L., & **Horstman, H. K.** (2015, November). *Making meaning in a complex family structure: Adoption entrance narratives in foster families*. Presented at the meeting of the National Communication Association, Las Vegas, NV.

*Hays, A., **Horstman, H. K., Colaner, C. W., & *Nelson, L.** (2015, May). *Exploring the nature and outcomes of adoption entrance narratives told in open adoptive families*. Presented at the meeting of the International Communication Association, San Juan, Puerto Rico.

Horstman, H. K. (2015, April). *Managing the convergence points of work and life: Discussions of work-life balance with pre-tenure female faculty*. Presented on a discussant panel at the meeting of the Central States Communication Association, Madison, WI.

Kranstuber Horstman, H., *Maliski, R., *Cox, J., *Enderle, A., *Hays, A., & *Nelson, L. (2014, November). *The cognitive and communicative components of narrative sense-making and well-being in mother-daughter conversations of difficulty.* *Presented as a **Top Paper** at the meeting of the National Communication Association, Chicago, IL.

Thorson, A.R., & **Kranstuber Horstman, H.** (2014, November). "*Is it a need or a want?": The contribution of family communication patterns and financial dependence in emerging adults' financial and consumer socialization.* Presented at the meeting of the National Communication Association, Chicago, IL.

Kranstuber Horstman, H., Colaner, C.W., & Rittenour, C. (2014, May). *Patterning openness: Expanding family communication patterns to enhance adult adoptee dual family identities and self-esteem.* Presented at the meeting of the International Communication Association, Seattle, WA.

Kranstuber Horstman, H. (2014, April). *Storying our family experiences: Communicated narrative sense-making in times of transition and turbulence.* *Presented on the **Top Paper Panel** at the meeting of the Central States Communication Association, Minneapolis, MN.

Kranstuber Horstman, H. (2014, April). *Promoting positive adoption practice and talk: Hope, healing, and health for adoptees.* Presented on a discussant panel at the meeting of the Central States Communication Association, Minneapolis, MN.

Thorson, A.R., & **Kranstuber Horstman, H.** (2013, November). *Buy now, pay later: Family communication patterns theory, parental financial support, and openness about credit card behaviors.* *Presented as a **Top Paper** at the meeting of the National Communication Association, Washington, D.C.

Kranstuber Horstman, H., & Koenig Kellas, J. (2013, November). *Changes in narrative sense-making over time: The role of mother-daughter communication about difficulty.* Presented at the meeting of the National Communication Association, Washington, D.C.

Koenig Kellas, J., Carr, K., **Kranstuber Horstman, H., & DiLillo, D.** (2013, November). *Communicated perspective-taking in marriage: Developing the observational rating scheme and testing actor and partner effects on marital satisfaction and mental health.* Presented at the meeting of the National Communication Association, Washington, D.C.

Thorson, A. R., & **Kranstuber Horstman, H.** (2013, April). *Unpacking the consumer socialization model: Family communication patterns, openness, messages, and parental influence of emerging adults' financial understanding.* Presented at the meeting of the Central States Association, Kansas City, MO.

Koenig Kellas, J., **Kranstuber, H., Willer, E., & Carr, K.** (2012, November). *The benefits and risks of telling and listening to stories of difficulty over time: Experimentally testing the expressive writing paradigm in the context of interpersonal communication between friends.* Presented at the meeting of the National Communication Association, Orlando, FL.

Thorson, A. R., & **Kranstuber, H.** (2012, November). *Memorable messages about spending, saving, and financial planning.* Presented at the meeting of the National Communication Association, Orlando, FL.

Kranstuber, H., Carr, K., & Hosek, A. (2011, November). *"If you can dream it, you can achieve it." Parent memorable messages as indicators of college student success.* *Presented as a **Top Paper** at the meeting of the National Communication Association, New Orleans, LA.

Ndiaye, K., Silk, K., Anderson, J., Hurley, A. L., Carpenter, A., **Kranstuber, H** & Proulx, J. (2011, November). *Using an ecological framework to understand parent-child communication about nutritional decision-making and behavior.* Presented at the meeting of the National Communication Association, New Orleans, LA.

Kranstuber, H. (2011, April). *Being the 'fat kid' in school: Implications of the stigmatization of childhood obesity.* Presented on a discussant panel at the meeting of the Central States Communication Association, Milwaukee, WI.

Kranstuber, H. (2011, April). *When "home" isn't homey: A systems analysis of the functional ambivalence of "dark" family experiences and messages.* Presented on a discussant panel at the meeting of the Central States Communication Association, Milwaukee, WI.

Kranstuber, H. (2011, April). *Best practices for training and utilizing undergraduate teaching assistants (UTAs): Helping UTAs feel at home in the basic course.* Presented on a discussant panel at the meeting of the Central States Communication Association, Milwaukee, WI.

Kranstuber, H. (2010, November). *Narrative (in)abilities of narrative therapy: A call for a communibiological focus in narrative therapy training curriculum.* *Presented on the **Top Panel** at the meeting of the National Communication Association, San Francisco, CA.

Kranstuber, H. (2010, November). *Fat advocates and health communicators: Building bridges to address obesity.* Presented on a discussant panel at the meeting of the National Communication Association, San Francisco, CA.

Braithwaite, D. O., Bach, B. W., Dirks, S. E., **Kranstuber, H.**, & Sato Mumm, S. (2010, November). *'She is like a sister to me': Discourses of voluntary kin as family.* Presented at the meeting of the National Communication Association, San Francisco, CA.

Kranstuber, H. (2010, November). *Building bridges for discourse dependent families: Unique discourse of "nontraditional" families.* Presented on a discussant panel at the meeting of the National Communication Association, San Francisco, CA.

Kranstuber, H. (2010, April). *Oh, I didn't know you were adopted!: The communication privacy management of adopted individuals to their social networks.* Presented at the meeting of the Central States Communication Association, Cincinnati, OH.

Kranstuber, H. (2010, April). *It's not always "happily ever after": The dark side of storytelling.* Presented on a discussant panel at the meeting of the Central States Communication Association, Cincinnati, OH.

Colaner, C.W., & **Kranstuber, H. (2009, November).** *Communicatively managing uncertainty in adoptive families.* *Presented as the **Top Student Paper** at the meeting of the National Communication Association, Chicago, IL.

Kranstuber, H., & Koenig Kellas, J. (2009, November). *Stories and selves: The relationship between adoption entrance narratives and adoptees' self concept*. Presented at the meeting of the National Communication Association, Chicago, IL.

Kranstuber, H. (2009, April). *She called me her adopted angel: Discovering "connections" in adoptive families through a thematic analysis of adoptees' entrance narratives*. *Presented as the **Top Debut Paper** in the Interpersonal and Small Group Communication Division and the **Top Debut Paper** at the annual convention of the Central States Communication Association, St. Louis, MO.

Kranstuber, H. (2008, April). *Muslim transvestites in Indonesia?: A look into the "new" global hegemonic forces of Islamic militants*. Presented at the meeting of the Eastern Communication Association, Pittsburg, PA.

Kranstuber, H. (2007, April). *Preparation for graduate school: Being an undergraduate teaching and research assistant*. Presented on a discussant panel at the meeting of the Eastern Communication Association, Providence, RI.

Kranstuber, H. (2007, March). *The media's effect on the meaning of intercultural adoption: A case study*. Presented at Purdue University Calumet Graduate Student Scholarly Conference, Hammond, IN.

TEACHING & MENTORING

DIRECTORSHIPS

Director of International Programs (2020-current): Lead the Department's efforts in creating and promoting opportunities for undergraduates, graduate students, and faculty members to take a global perspective in their learning, teaching, and research. (MU)

Program Director, Communication and Culture in Tuscany (Summer 2018, 2020 cancelled): Implemented a five-week study abroad program with mostly Communication majors in Siena, Italy. Collaborated with IES Study Abroad to carry out field study trips, cultural experiences, and enrichment activities for the students. (MU)

Assistant Program Director, Communication and Culture in Tuscany (Summer 2016, 2017): Assisted the program director in creating, implementing, and teaching in a five-week study abroad program in Siena, Italy. (MU)

Course Director, Business and Professional Communication (COMM 286/311): Supervised and trained seven instructors and 50-65 undergraduate assistants per year. Developed and instituted new course assignments and exams targeted to provide students with hands-on experience with business communication skills and principles. (UNL)

Lab Director, Communication Studies Speech Lab. Supervised a team of graduate teaching assistant directors. Consulted students from Business and Communication classes on the preparation and delivery of their public speeches. (UNL)

COURSES TAUGHT

GRADUATE SEMINARS

COMMUN 8319: Seminar in Interpersonal Communication (MU)

COMMUN 9280: Seminar in Communication Theory (MU)

COMMUN 9310: Seminar in Family Communication (MU)
COMMUN 9330: Narratives in and about Relationships (MU)

UNDERGRADUATE COURSES

COMMUN 3422: Communication Research Methods (MU)
COMMUN 3470: Culture as Communication (MU – *study program in Siena, Italy*)
COMMUN 3561: Relational Communication (MU)
COMM 200: Introduction to Communication Studies (UNL)
COMM 201: Communication Research Methods (UNL)
COMM 211: Intercultural Communication (UNL)
COMM 283: Interpersonal Communication (UNL)
COMM 311/286: Business and Professional Communication. (UNL)
COMM 370: Family Communication (UNL)
COMM 470: Advanced Interpersonal Communication Theory (UNL)
COMM 471: The Dark Side of Interpersonal Communication (UNL)
COMM 135: Public Expression and Critical Inquiry (Miami U)
COMM 134: Introduction to Speech Communication – Undergrad. and Graduate TA. (Miami U)

MENTORSHIP

CURRENT GRADUATE ADVISEES

Kendal Lyssy (Ph.D., May 2026)
Jinwen Yue (Ph.D., May 2026)
Sofia Deatherage (Ph.D., May 2028)

PAST GRADUATE ADVISEES

Olivia Watson (Ph.D., December 2024)
Alaina Leverenz (Ph.D., December 2023)
Shaye Morrison (Ph.D., May 2023)
Lauren Johnsen (Ph.D., December 2021)
Maria Butauski (Ph.D., May 2019)
Christine Luckasen (M.A., May 2018)
Ryan Maliski (Ph.D., May 2017)
Sara Trask (Ph.D., May 2015)

CURRENT GRADUATE COMMITTEES

Jana Kent (Ph.D., Department of Communication, May 2024)
Abigail Olajire (Ph.D., Department of Communication, May 2026)
Makenzie Schroeder (Ph.D., Department of Communication, May 2026)

GRADUATE COMMITTEES COMPLETED

Amnee Elkhaid (Ph.D., Department of Communication, May 2023)
Ellen Jordan (Ph.D., Department of Communication, May 2023)
LaShawnda Kilgore (Ph.D., Department of Communication, May 2022)
Natilie Williams (Ph.D., Department of Communication, May 2022)
Brittany Presson (Ph.D., Department of Sociology, December 2021)
Jinwen Tang (M.A., Department of Psychology, August 2020)
Alyssa Bish (Ph.D., Department of Communication, May 2019)
Tucker Robinson (M.A., Department of Communication, May 2019)
Jane Damron (Ph.D., Moody College of Communication, University of Texas at Austin, July 2018)

Leslie Nelson (Ph.D., Department of Communication, May 2018)
Alyssa Bish (M.A., Department of Communication, May 2017)
Alexie Hays (Ph.D., Department of Communication, May 2017)
Danielle Poynter (Ph.D., Department of Communication, May 2015)
Rachael Doubletree (M.A., Dept. of Human Development and Family Studies, May, 2015)
Ashley Ermer (M.A., Dept. of Human Development and Family Studies, August, 2014)
Leslie Nelson (M.A., Department of Communication, May 2014)
Noah Franken (Ph.D., Department of Communication, May 2014)

ADVANCED COURSE FACULTY MENTOR

Mentor PhD students in developing and teaching their first advanced class: Relational Communication – Shaye Morrison (Fall, 2021), Amnee Elkhaliid (Fall, 2021), Natilie Williams (Spring 2021), Maria Butauski (Spring 2018), Leslie Nelson (Spring 2017), Sara Trask (Fall 2014)

Research Methods – Ryan Maliski (Fall 2016)

UNDERGRADUATE RESEARCH MENTOR

Queer Miscarriage Research Team (2023, Fall) – Mentored Breck Holtz in directed reading course on qualitative research methods. Analyzed data to present at the MU A&S Spring Research & Creative Achievements Forum and MU Comm Week Celebration of Undergraduate Research.

NSF Research Experiences for Undergraduates (2023, Summer) – Secondary mentor for grantee Esther Bello for 8-10-week intensive summer research experience for undergraduate students. Funded by National Science Foundation Research Experiences for Undergraduates (REU) Grant (PI: Nicole Campione-Barr).

Undergraduate Research Mentor (2023, Spring) – Mentored Tanner Smith & Sarah Whitney. Analyzed and synthesize data to present at the MU A&S Spring Research & Creative Achievements Forum and MU Comm Week Celebration of Undergraduate Research: “Generational Differences in Narrative Sense-Making about the War in Ukraine.”

Polish Family Storytelling Project Team (2022, Fall) – Mentored seven students on qualitative social scientific research, including data cleaning and analysis.

International Qualitative Research Methods Course (2021, Spring) – Created and implemented a course and research project wherein 12 MU students collaborated with students at Ghent University, Belgium and University of Western Cape, South Africa on a study on parents’ experiences with school shutdown during the COVID pandemic.

Undergraduate Research Mentor (2021, Spring) – Mentored Rachel Bernstein. Analyzed and synthesized data to present at the MU Comm Week Celebration Undergraduate Research: “Metaphors Women Use to Make Sense of Pregnancy during a Pandemic.”

Undergraduate Research Mentorship Program (2017, Spring & Summer) – Mentored Maddison Russell. Granted \$3,500 for their project entitled: “Considerations of Lesbian Mothers when Deciding to Become Parents.” *Won Top Paper Award at MU Comm Week Celebration of Undergraduate Research.

Undergraduate Research Mentor (2017, Spring) – Mentored Isabel Venenzia. Analyzed and synthesized data to present at the MU Comm Week Celebration Undergraduate Research: “Talking to Mom: Understanding Resilience in Mother-Daughter Dyads.”

INVITED PRESENTATIONS

“MU” U Missouri, Columbia, MO, USA; “UNL” U Nebraska-Lincoln, Lincoln, NE, USA

Horstman, H. K. (2024, Fall). *Using storytelling to turn an R&R into a publication*. National Center for Faculty Development & Diversity (webinar via Zoom).

Horstman, H. K. (2023, Fall). *The art of great conversation*. MU Lambda Pi Eta honor society meeting, Department of Communication, MU.

Horstman, H. K., & Booker, J. (2023, Summer). *Using life stories in relationship science*. Relationships Seminar, NSF Research Experiences for Undergraduates (REU) Grant, MU.

Horstman, H. K. (2023, Spring). *Poland and the Ukrainian refugee crisis*. Immigrants & Refugees in the EU Honors class, Truman School of Government and Public Affairs, MU.

Horstman, H. K. (2023, Spring). *Research in communicated narrative sense-making*. Family Communication graduate seminar, Department of Communication, Baylor University (via Zoom).

Horstman, H. K. (2023, Spring). *Storying the past to make sense of the present: Family storytelling in Poland*. Quantitative Psychology Seminar, Department of Psychological Sciences, MU.

Horstman, H. K. (2022, Fall). *Fulbright in the social sciences: Research on family storytelling & resilience in Poland*. Developmental Psychology Seminar, Department of Psychological Sciences, MU.

Horstman, H. K. (2022, Fall). *Creating effective CVs*. Graduate Student Proseminar, Department of Communication, MU.

Horstman, H. K. (2022, Fall). *The nuts & bolts of Fulbright*. Webinar hosted by MU International Programs (via Zoom).

Horstman, H. K. (2022, Fall). *IDEA in the classroom*. Roundtable discussion during Teaching Renewal Day, Department of Communication, MU.

Horstman, H. K. (2022, Summer). *Family trauma, resilience, and communicated narrative sense-making*, Polish Institute of Advanced Studies, Warsaw, Poland.

Horstman, H. K. (2022, Spring). *The stories we tell: Family identity, resilience, and coping*, Miami University John E. Dolibois European Center, Differdange, Luxembourg.

Horstman, H. K. (2022, Spring). *Narrative sense-making and resilience*. Plenary lecture at Polish VIII Konferencja Narracyjna (Narrative Conference), Poznan, Poland.

Horstman, H. K. (2022, Spring). *Communicated perspective-taking and storytelling as tools for understanding and improving sense-making*. Center for Research on Prejudice, University of Warsaw, Warsaw, Poland.

Horstman, H. K. (2022, Spring). *Poland and the Ukrainian refugee crisis*. Webinar on the War in Ukraine hosted by MU International Programs (via Zoom).

Horstman, H. K. (2022, Spring). *Communicated narrative sense-making, adversity, and resilience in families*. Seminar of the Scientific Council of the Discipline of Psychology, Department of Psychology, University of Warsaw, Poland (via Zoom).

Horstman, H. K. (2022, Spring). *Family narrative sense-making in light of master narratives of pronatalism and bionormativity*. Polish Institute of Advanced Studies, Warsaw, Poland.

Horstman, H. K. (2021, Fall). *Intergenerational transmission of narrative resilience in Polish families*. Faculty of Developmental Psychology, Department of Psychology, University of Warsaw, Poland (via Zoom).

Horstman, H. K. (2021, Summer). *Theories of Communication*. BEST Foundation, an education-based non-profit dedicated to promoting diversity of thought, democracy, and community engagement in Bulgaria. Sophia, Bulgaria (via Zoom).

Horstman, H. K. (2020, Summer). *Getting tenure at an R1*. Preparing Future Faculty seminar, University of Nebraska-Lincoln, Lincoln, NE (via Zoom).

Horstman, H. K. (2020, Spring). *Communicated narrative sense-making theory*. Family Communication course, Department of Communication Studies, Utah State University, Logan, UT (via Skype).

Horstman, H. K. (2019, Spring). *Telling stories to cope with trauma: Communicated narrative sense-making and resilience*. Department of Communication Studies, University of Kansas, Lawrence, KS.

Horstman, H. K. (2019, Spring). *Narrative theorizing and therapy in The Tree of Life Training*. The Kindred Collective, Columbia, MO.

Horstman, H. K. (2018, Fall). *Research identity statements*. Professional Development Brownbag Series, Department of Communication, MU.

Horstman, H. K. (2018, Summer). *Thematic analysis 101*. Graduate Student Workshop, Department of Psychology, University of the Western Cape, Cape Town, South Africa.

Horstman, H. K. (2018, Spring). *Cultivating positive professional relationships*. Professional Development Brownbag Series, Department of Communication, MU.

Horstman, H. K. (2018, Spring). *Communicated narrative sense-making theory*. Advanced Interpersonal Communication course, Department of Communication Studies, Utah State University, Logan, UT (via Skype).

Horstman, H. K. (2017, Fall) *The power of storytelling in families, communities, and schools*. Missouri Head Start Association's Early Head Start Community of Practice workshop, Columbia, MO.

Horstman, H. K. (2017, Fall). *Storying the lives of children*. Missouri Head Start Association's Early Head Start Community of Practice workshop, Columbia, MO.

Horstman, H. K. (2017, Spring). *Communication in adoptive/foster families*. Family Communication Graduate Seminar, School of Communication Studies, Ohio University, Athens, OH (via Skype).

Horstman, H. K. (2017, Spring). *The role of narrative in health*. Health Communication Speaker Series, School of Communication & Journalism, South Dakota State University, Brookings, SD (via Skype).

Horstman, H.K. (2016, Fall). *Talking ourselves into being: Communicated sense-making and family diversity*. Department of Psychology, MU.

Horstman, H. K. (2016, Fall). *The process of academic publishing*. Professional Development Brownbag Series, Department of Communication, MU.

Horstman, H.K. (2015, Spring). *Tell me a story: Using narrative theorizing and inquiry in research on families*. MU Center for Children and Families Across Cultures (CFAC), MU.

Horstman, H.K. (2015, Spring). *The Institute of Family Diversity and Communication: Directions of current and future research*. Department of Communication, MU.

Horstman, H. K. (2015, Fall). *"Trust your game:" Surviving the thesis/dissertation year*. Professional Development Brownbag Series, Department of Communication, MU.

Horstman, H.K. (2014, Fall). *Making sense in a nonsensical world: The process of narrative meaning-making in families*. Department of Human Development and Family Studies, MU.

Horstman, H. K. (2013, Fall). *Avoiding an NCA shutdown: Proving you're an essential scholar in D.C.* Professional Development Brownbag Series, Department of Communication, MU.

Horstman, H. K. (2013, Spring). *Ours was a beautiful love story: Narrative theorizing and relational development*. Interpersonal Communication course, Department of Communication Studies, UNL.

Horstman, H. K. (2013, Spring) *Professional development: Demystifying the dissertation planning, writing, and publishing process*. Department of Communication Studies, UNL.

Horstman, H. K. (2012, Fall). *The outcomes, process, and contexts of family sense-making*. Research Methods course, Department of Communication, University of Montevallo, Montevallo, AL (via Skype).

Horstman, H. K. (2012, Fall). *Uncertainty management in adoptive families*. Interpersonal Communication graduate seminar, Department of Communication Studies, UNL.

Horstman, H. K. (2012, Summer). *Tips from the trenches: Being a GTA in the humanities*. 22nd Annual UNL Campus-wide Workshop for Graduate Teaching Assistants, UNL.

Horstman, H. K. (2012, Summer). *Metaphors, messages, & morals to the story*. 22nd Annual UNL Campus-wide Workshop for Graduate Teaching Assistants, UNL.

Kranstuber, H. (2011, Fall). *Courtship narratives in relational development*. Advanced Interpersonal Communication course, Department of Communication Studies, UNL.

Kranstuber, H. (2010, Fall). *The light and dark sides of interpersonal communication*. Fundamentals of Communication course, Department of Communication Studies, UNL.

Kranstuber, H. (2010, Summer). *The power of "body language": Nonverbal communication in the workplace*. University of Nebraska-Lincoln Bookstore, Lincoln, NE.

Kranstuber, H. (2010, Spring). *The joys and challenges of adoptive family communication*. Family Communication course, Department of Communication Studies, UNL.

Kranstuber, H. (2010, Spring). *The art of small talk*. Phi Beta Phi Sorority, Lincoln, NE.

Kranstuber, H. (2007, Fall). *Narrative theory in interpersonal and family contexts*. Rhetorical Criticism graduate seminar, Department of Communication, Miami University, Oxford, OH.

Kranstuber, H. (2007, Summer). *Public speaking in consulting*. Phi Kappa Tau Fraternity National Headquarters, Oxford, OH.

SERVICE

DEPARTMENT SERVICE

Chair/Co-Chair

Hiring Committee (Assistant Professor, Health Communication) (2018-19)
Inclusion, Diversity, and Equity Committee (2018-21)
Research Council, co-chair (Fall 2023)

Committee Member

Alumni Committee (Fall 2023)
Colloquium Committee (2019-20, 2024-25)
Diversity and Inclusion Task Force (2016)
Educational Assessment Committee (Fall 2023)
Faculty Awards Committee (2015-2016)
Graduate Committee (2013-15, 2016-17, 2020-21, 2022-23, 2024-25)
Hiring Committee (Basic Course Director) (2022-23)
Hiring Committee (Assistant Professor, Media) (2017-18)
Inclusion, Diversity, and Equity Committee (2018-2022; 2024-25)
Personnel Committee (2019-21)
Research Committee (2014-19, 2022-24)
Verser Graduate Grant Committee (2016-17)

Committee on Honors and Awards (2009-2010, 2012-2013; UNL)
Human Subjects Committee (2010-2012; UNL)
Graduate Recruitment Committee (2008-2010; UNL)
Academic Program Review board appointed graduate representative (2011; UNL)
Department Governing Body elected graduate representative (2010-2011; UNL)

Miami University Top 25: Engaging Students in their Learning Program COM 135 Committee.
Created active student learning program for the top 25 courses at Miami U. and developed a website for basic course instructors (2007-2008; Miami U)

COLLEGE OF ARTS & SCIENCES SERVICE

Chair

A&S Diversity, Equity, & Inclusion Committee (2024-25)

A&S Status of Women Committee (2019-2024)

Committee Member

A&S Diversity, Equity, & Inclusion Committee (2018-present)

A&S Status of Women Committee (2016-2024)

UNIVERSITY SERVICE

Co-Founder and Board Member. (2018-present). Family and Relationships Research Network of Missouri (FARR-net). Comprised of those affiliated with the U of Missouri System, the mission of FARR-net is to engage in scholarship that promotes the quality of life, economic outlook, and social resources of Missouri families and relationship partners.

Scholar Affiliate (2024-present). Interdisciplinary Migration Studies Institute.

Faculty Fellow (2014-present). MU Center for Family Policy and Research.

Board Member (2022-present). Invisible Labor Advisement Committee, Office of the Provost and CAS.

Committee Member (2020-present). MU Office of Research and Economic Development Research Council, AH/SBS Review Committee.

Volunteer (2022-present). Fulbright U.S. Student Program Interview Preparation Workshops. Mock interviews with student Fulbright applicants. MU Office of Global and National Fellowships.

Committee Member (2024-2025). MizzouForward Innovations in Social Sciences Committee.

Reviewer (2023). Graduate Studies Fellowship Award nominations.

Faculty Fellow (2014-2022). MU Center for Children and Families across Cultures.

Committee Member (2017-2022). Women of Mizzou.

Co-Founder and Co-Director. (2014-2021). Institute of Family Diversity and Communication (IFDC). The mission of the IFDC is to gather UM scholars to conduct and share research that affirms, advocates for, and creates understanding of families formed through diverse pathways. (www.ifdc.missouri.edu)

Volunteer (2020). Graduate Student Association's "CV Docs" Workshop. Provided feedback to graduate students to help "improve the health of their future career prospects."

Committee Member (2020). Bond International Scholars Award committee. MU International Center.

Committee Member (2016-2019). MU Committee on Residence for Tuition Purposes.

Reviewer (2018). Graduate Studies Fellowship Award nominations.

Volunteer (2016). Graduate Student Association's "CV Docs" Workshop. Provided feedback to graduate students to help "improve the health of their future career prospects."

Reviewer (2015-2017). MU Research Board Grant applications.

Advisory Board Member (2009-2011; UNL). University of Nebraska Family Research Initiative (FRI). Re-established an initiative that brought together UNL family researchers.

Representative and Member (2009-2011; UNL). Legislative Assembly Member and Department Representative for Graduate Student Association (GSA).

Member (2010-2011; UNL). GSA Quality of Life Committee. Worked to pass the Student and Family Leave Rights Act for UNL graduate students.

DISCIPLINARY SERVICE

Journal Editorial Board Member

Communication Monographs (2018-present)

Journal of Family Communication (2014-present)

Journal of Social and Personal Relationships (2018-2019; 2020-present)

Southern Communication Journal (2019-present)

Communication Teacher, special edition on "Teaching Diversity in the College Communication Course" (2015-2016)

Journal of Family Communication Editor-Elect Search Committee (2019)

Ad-Hoc Journal Reviewer

Communication Monographs (2013, 2015-2017)

Communication and Sport (2013)

Communication Teacher (2016)

Communication Theory (2017)

Health Communication (2016-2023)

Human Communication Research (2019, 2021)

International Journal of Communication (2022-2023)

Journal of Applied Communication Research (2018-2019)

Journal of Communication (2017, 2023)

Journal of Family Communication (2009)

Journal of Family Theory and Review (2018)

Journal of Language and Social Psychology (2017)

Journal of Social and Personal Relationships (2015-2017) – recognized as 2017
"Top 5% of reviewers" for the quality and frequency of reviews.

Narrative Inquiry (2020)

Parenting: Science and Practice (2024)

Southern Journal of Communication (2015, 2018)

International/National Grant, Fellowship, & Contest Reviewer

Netherlands Institute for Advanced Study (NIAS) (2023) – fellowship reviewer

Polish Institute for Advanced Study (PIAS) (2023) – fellowship reviewer

Polish-US Fulbright Commission (2023) – Women in STEM Short Essay Contest reviewer

Polish Institute for Advanced Study (PIASt) (2022) – fellowship reviewer

Leverhulme Trust Research Project Grant (2021) – grant reviewer, served as an expert in adoptive family communication, naming, and narrative

Polish-US Fulbright Commission (2022) – Women in STEM Short Essay Contest reviewer

Tenure & Accreditation Reviewer

South Africa National Research Foundation External Reviewer (2022)

External Tenure Reviewer (2021) – University of the Free State

External Tenure Reviewer (2019) – North Carolina State University

Professional Association Service

Division Chair

Family Communication Division. National Communication Association. (2023)

Division Vice Chair & Program Planner

Family Communication Division. National Communication Association. (2022)

Division Vice Chair-Elect

Family Communication Division. National Communication Association. (2021)

Division Secretary

Interpersonal Communication Division. International Communication Association. (2018, Acting Secretary)

Interpersonal Communication Division. National Communication Association. (2016-2017)

Family Communication Division. National Communication Association. (2013-2015)

Interpersonal and Small Group Communication Division. Central States Communication Association. (2012-2014)

NCA Nominating Committee

National Communication Association, Family Communication Division representative (2024)

Legislative Assembly Representative

National Communication Association, Family Communication Division representative (2022-2024)

National Communication Association, Interpersonal Communication Division representative. (2020-2021)

Panel Chair

National Communication Association
Family Communication Division (2023, 2015, 2013)
Interpersonal Communication Division (2018)

Central States Communication Association
Interpersonal and Small Group Division (2013)

Reader

International Communication Association
Interpersonal Communication Division (2018, 2022, 2023)

National Communication Association
Family Communication Division (2017, 2015, 2012)
Health Communication Division (2016)
Interpersonal Communication Division (2017)
Student Section (2010, 2009)

Central States Communication Association
Interpersonal and Small Group Communication Division (2013, 2011)

Respondent

Health Communication Division, National Communication Association (2017)

President's Undergraduate Honors Research Conference. Central States Communication Association (2015, 2013)

Interpersonal and Small Group Communication Division, Central States Communication Association (2014)

Service Nominating Committee Member

Interpersonal Communication Division. National Communication Association. (2019)

Top Paper Committee Member

Interpersonal Communication Division. International Communication Association. (2020)

Interpersonal Communication Division. National Communication Association. (2020)

Volunteer

Scholar to Scholar Session. National Communication Association Annual Meeting, Chicago, IL. (2009)

Scholars' Office Hours. National Communication Association Annual Meeting, Chicago, IL. (2009)

Short Course: *(Unconventional) Communication across the curriculum: Innovations in funding, sustaining and assessing a quality program.* National Communication Association Annual Meeting, San Diego, CA (2008)

Media Contact

NCA Member Expert on parent-child communication and educational success. Promoted as expert in “how communication about stressful experiences and challenging identities impacts mental and physical well-being.” (2012-present)

Instructors Manual Author

Instructors' manual and test bank for Galvin, K. M., Braithwaite, D. O., & Bylund, C. L. (Eds) *Family communication: Cohesion and change* (9th ed., 2014)

COMMUNITY ENGAGEMENT AND PRESS

Invited Guest/Speaker

Blog (2020-present). [Psychology Today](#). “Stories and Selves // Communication and Well-Being in our Relationships.” *PT* generates 40 million posts views per month.

Invited guest (2021, May). *Research Reveals*. “Men and Miscarriage: The Forgotten Half” webinar with Haley Horstman and Amanda Holman. By [Life Perspectives](#), a “global leader in education, research, expertise and support after reproductive loss.” 120+ attendees.

Invited guest (2019). *Narrative and Relationship Theory* in *Eternal Sunshine of the Spotless Mind*. Talk at Independent Film House Ragtag Cinema for Extra Credit: A Movie Series Showcasing MU Researchers, hosted by The Connector. Columbia, MO.

Invited guest (2019). [Beat Infertility Podcast](#). “Episode 228: Miscarriage from a Man’s Perspective: Dr. Haley Horstman.”

Invited author. (2012, February). [Communication Currents](#). “If you can dream it, you can achieve it.”

Popular Press Appearances

Men’s miscarriage metaphors (2019 *Health Communication*) – 19 national, statewide, and online placements, 6.2 million people (e.g., [Washington Post](#), *KMOX-AM* in St. Louis, [WAMC Northeast Public Radio’s 51% Program](#), and *For Every Mom* magazine)

Spouse communication about miscarriage (2017 *Health Communication*) – 66 national, statewide, and [online](#) media placements, 50k people

Mother-daughter communication (2016 *Communication Monographs*) – 50 international, national, statewide, and online media placements, 5.4 million people (e.g., [Washington Post](#), *Academic Minute* radio broadcast, and *Bay State Parent Magazine*)

Adoption stories (2016 *Journal of Social and Personal Relationships*) – 9 international, national, broadcast, and online media outlet placements, 17.6 million people (e.g., [Hindustan Times](#), India)

COMMUNITY SERVICE

Volunteer (2022-present). *City of Refuge*, nonprofit organization devoted to supporting refugees and immigrants. Columbia, MO.

Volunteer (2022). Ukrainian refugees support and fundraising, Warszawa Centralna (Central Train Station), Warsaw, Poland.

Volunteer (2019). Brian Treece Mayoral Election Campaign. Columbia, MO.

Volunteer (2018-2020). City of Columbia Volunteer Program: Recycling Ambassador, program promoting waste reduction, reuse, and recycling through public education. Columbia, MO.

Volunteer (2017-2019). Central Missouri Humane Society, focused on the prevention and alleviation of suffering of companion animals. Columbia, MO.

Volunteer (2017). Rainbow House, a nonprofit children's emergency shelter, regional child advocacy center, and homeless youth program. Columbia, MO.

Consultant & Member (2009-2012). Teach a Kid to Fish, a nonprofit organization devoted to educating families on healthy living. Consult on assessment of public health initiatives, projects, and policy work. Lincoln, NE.

Consultant & Volunteer (2010). Lincoln Community Crops. Consulted on survey development and grant work aimed at developing school garden programs for Lincoln Public Schools.

Charter Member (2007-2008) Miami University Rotaract Club. Co-founded a Rotary-sponsored service group for adults ages 18-30. Oxford, OH.

PROFESSIONAL DEVELOPMENT

RESEARCH- AND GRANT-BASED WORKSHOPS AND TRAININGS

Fundamentals of Being a Principal Investigator (Spring 2020). Attended a two-day workshop by MU Office of Research and Economic Development.

The Tree of Life Narrative Therapy Training Workshop (Spring 2019). Attended an in-service workshop at the Kindred Collective, Columbia MO, for therapists and researchers on how to use The Tree of Life therapy model from the Dulwich Center in South Australia.

MU Research Resources Talk (Fall 2018). Attended a seminar on securing national grants.

Empowered to Connect Conference (Spring 2018). Attended a two-day training workshop on Trauma-Based Relational Intervention (TBRI).

Early Head Start Training (Fall 2017). Attended an Early Head Start teacher training as a communication research consultant.

Assessing Interrater Reliability: An Overview (Spring 2010). Attended a lecture by Dr. Greg Welch with the Child, Youth and Family Studies Research Methodology Series, UNL.

Writing Winning Grants (Spring 2010). Attended a grant-writing workshop presented by Grant Writers' Seminars and Workshops, LLC. UNL.

TEACHING- AND ADVISING-BASED WORKSHOPS AND TRAININGS

Emerging Teaching Tips in the AI & the Learning Environment Task Force Report. (Fall 2024). Attended a workshop at MU Teaching for Learning Center.

AI Lunch & Learning Lab (Fall 2024). Attended a workshop at MU Teaching for Learning Center.

Strategies for Active Learning and Student Engagement (Fall 2024). Attended a workshop as part of MU Communication Department's Teaching Renewal Day.

Inclusive Teaching Course (Spring 2023). Participated in a semester-long seminar on inclusive and equity-minded education from MU's Teaching for Learning Center. Identified, discussed, and implemented equity-focused strategies for my Relational Communication course.

Center for the Improvement of Mentored Experiences in Research (CIMER) Training (Spring 2023). An "evidence-based, interactive approach designed to help mentors develop skills for engaging in productive, culturally responsive, research mentoring relationships." Attended six hours of training to become a CIMER-certified mentor.

Safe Space Training (Fall 2022). Attended a workshop to become Safe Space trained in issues of gender inclusion and equity.

Gender(ed) Language in the Classroom (Spring 2021). Attended a talk hosted by School of Languages, Literatures, and Cultures Colloquium Series.

Efficient and Effective Practices for Online Teaching and Learning. (Spring 2021). Attended a workshop during MU's Teaching for Learning Center's Teaching Renewal Week.

Supporting Faculty Success & Measuring Teaching Effectiveness. (Spring 2021). Attended a workshop during MU's Teaching for Learning Center's Teaching Renewal Week.

Online Teaching Essentials (Fall 2020). Attended a workshop on online teaching through Oxford University Press.

College of Arts & Science Reverse Teach-In (Fall 2020). Attended roundtable discussion about racial discrimination at MU.

Building Inclusive Classrooms at Mizzou (Spring 2020). Attended a three-workshop program by MU's Teaching for Learning Center and Division of Inclusion, Diversity, and Equity designed to help incorporate evidence-based, inclusive strategies into my teaching.

Diverse Career Paths (Spring 2020). Attended Department of Communication professional seminar talk by Dr. Nigel Haarstad on diverse career paths for Ph.D. students.

Inclusive Teaching: How to Build and Sustain an Inclusive Climate (Spring 2020). Attended a workshop by the Division of Inclusion, Diversity, and Equity on what constitutes an inclusive classroom climate and practical strategies for creating one.

Task Force to Enhance Learning and Teaching (TFELT) (Spring 2020). Attended a workshop on the efforts of TFELT toward documenting effective teaching at MU.

Preparing your PhDs for the Job Hunt (Spring 2019). Attended a workshop hosted by Dr. Karen Kelsky on preparing PhD students for diverse career pathways.

Straight Talk about Teaching Communication Research Methods (Fall 2017). Attended a short course on teaching Research Methods at National Communication Association.

University of Nebraska-Lincoln Graduate Student Enhancement Workshop (Fall 2008, 2009, 2010, 2011). Attended pedagogy workshops to encourage and develop graduate teaching.

Preparing Future Faculty (Summer 2011). Participated in a seminar that “provides doctoral students with opportunities to observe and experience faculty responsibilities at a variety of academic institutions.” Participated in course and guided mentorship.

Teaching Documentation Program (Fall 2008). Participated in a teaching advancement program with Dr. Richard Lombardo.

Miami University Graduate Student Teaching Enhancement Program (Spring 2007, 2008). Attended teaching workshops used to discuss pedagogical techniques and ideologies specifically useful for graduate instructors.

PROFESSIONAL MEMBERSHIPS

International Communication Association (ICA)

National Communication Association (NCA)

National Council for Family Relations (NCFR)